



### Mike House Speaker Bio

**Mike House** worked for 20 years as one of Australia's leading survival instructors. He is a highly experienced speaker and facilitator.

As a survival instructor Mike worked with groups as diverse as youth at risk, multinational corporations and television documentary crews on what has been described as the "world's most arduous survival exercise outside the military" (National Geographic America 1999).

Mike has survived several life-threatening survival situations on the ocean, in tropical jungles, in raging white-water and extended sea kayak journeys.

As a birthday present to himself, Mike undertook a 12 day solo survival walk in one of Australia's most hostile environments, taking 2 litres of water, a pocket sized survival kit and the clothes on his back. Mike put his survival skills to the test sourcing all his food and water off the land – and loved the experience!

By observing and leading people in complex situations of extreme deprivation and duress, Mike has developed keen insight for how humans either panic and suffer or adapt and thrive. He sees the same behaviours in ordinary workplaces and shows people how to view their work, daily tasks, relationships and opportunities through new eyes.

Mike is passionate about building resilience in teams and individuals.

Mike has worked with businesses of all sizes and sectors across Australia and parts of Asia. Clients include companies from Educational Institutions, Oil and Gas, Resources, Human Services, SME, Government, Not for Profit, and start-ups.



### Mike's Clients say:

*"A very big thank you for the day with our leadership team. 'Brilliant'...'fantastic' were words used by a couple of people.*

*Discussions across the team reflecting on the day have all been positive and this in itself is a positive outcome.*

*Your no-nonsense style really connected with our group. The tools you presented are very useful and I'm confident people will use them.*

*We really enjoyed it – thanks and I look forward to working with you again."*

**Session Organiser - Oil and Gas Sector**

*"Mike's contribution to our leadership team away day was very much appreciated - the guerrilla mindfulness work was enlightening and beneficial, and your facilitation ensured we got the results we wanted from our strategic planning work."*

**Brenton Hawtin, GM Downstream Operations, Santos GLNG**

### Mike House

☎ 0423 193 1896

@ mike@mikehouse.com.au

🌐 mikehouse.com.au

✉ PO Box 4171, Victoria Park WA 6979





*"Mike facilitated a full-day leadership workshop for Santos GLNG Leaders. As the Senior HR Business Partner for Santos Ltd at the time, I worked closely with Mike to prepare for the session. I found Mike to be very engaged, intuitive and flexible in his approach. His depth and breadth of experience in high-pressure situations and his story telling ability meant that the participants could relate this experience to their own circumstances. I look forward to the opportunity to work with Mike again in the future."*

**Sue - Ellen Howie**

*"Your presentation was thoroughly engaging and "hit the nail on the head" with the messaging of the importance of a positive culture within a challenging work environment and how we as individuals can contribute to this positivity."*

**Dean Mudford – Acting CEO Landcorp**

*"As a representative on the Culture Group I felt Mike House's presentation this morning was very on point with our current focus on promoting a positive organisational culture and really shone the spotlight on the impacts our behaviours have on others around us. Mike was very effective in using humour and story telling to get the message across and as such the room was fully engaged during his presentation. I felt much of the content around 'beliefs' and 'intent' particularly resonated with me and I'm sure others as well."*

**Erin Nolan, Senior Development Manager, LandCorp**

*"Mike's entertaining and thought-provoking sessions provided us with tools to build stronger and more productive working relationships."*

**Valued Independent People**

*"Your ability to relate to our business needs and develop a workshop plan to maximize the effectiveness is astounding. You really hit the mark."*

**Kensington Partners**

## The Book

Mike's book is a great accompaniment to his keynotes and The Sundowner. It's filled with tactics, habits and mindsets for success under pressure.

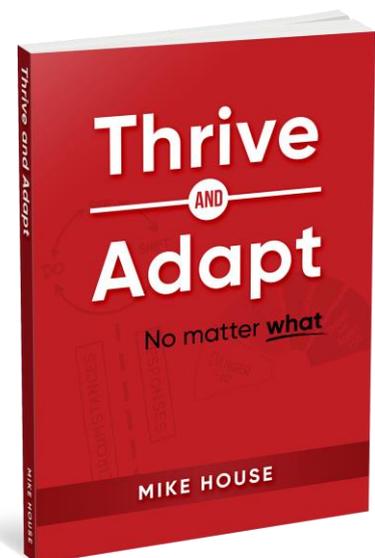
### Other Authors said:

When you find yourself under stress, will you fold or thrive? Mike House's remarkable book will help you achieve the latter, with loads of relatable personal experience and insights from the latest psychological research.

**Jeff Wise** - science journalist specialising in aviation and psychology and Author of Extreme Fear: The science of your mind in danger.

This book is not about getting lost in the wild; you could use the ideas if you were. This is a book for being found in the modern world of change and disruption. The ideas within show how to lower complexity, manage scarce resources and keep your head when others are losing theirs. It's a book about leadership.

**Matt Church**- Leadership Expert, Founder Thought Leaders and Author of NEXT: thriving in the decade of disruption.



We are hardwired to survive in an African savanna ... unfortunately

## Mike House

☎ 0423 193 1896

@ mike@mikehouse.com.au

🌐 mikehouse.com.au

✉ PO Box 4171, Victoria Park WA 6979

